



The Vine...

Connecting the Body of Christ one to another

Holy Trinity Episcopal Church, Essex, 1131 Mace Avenue, Baltimore, Maryland 21221
(410) 687-5531 www.holytrinityessex.org May 2026



FROM THE PRIEST-IN-CHARGE

Greetings from the kingdom of God, the reign of love, and the culture of peace (*already in progress somewhere very, very close to you!*)

“The earth was entrusted to us in order that it be mother for us, capable of giving to each one what is necessary to live.... The earth is generous and holds nothing back from those who safeguard it. The earth, which is mother of all, asks for respect, not violence.”

—Pope Francis, *Our Mother Earth*

This is my last epistle to the faithful until September and as I sit down to write I am aware that today is Earth Day - April 22 - hence the quote from Pope Francis.

This annual observance is not one of celebration.

I read today that over half of the population of this country breathes unhealthy air and over half of the counties in our country fail to meet current standards for a healthy living environment. Pollution is on the rise and our health - and the health of our Mother- are

endangered and at risk of further and perhaps irreversible degradation. That is in addition to the impacts of global warming, which continue to worsen each year. I will save that for another sermon.

And yet, in the name of profits at any cost, the decision makers who benefit - corporate leaders and the politicians whose influence they have purchased on both sides of the aisle - turn a blind eye to this dire situation and continue to reward rather than regulate polluters and dismiss the science that is fighting to save us from their abuse and excesses.

And as it is with so many issues that we face - inadequate and unaffordable health care, lack of affordable housing, the rising cost of food, energy and education, the use of violence to promote our economic and political agendas- we feel powerless to do anything about it or – as I have said in a recent sermon – we quietly acquiesce to a system that by our silence we continue to enable.

But the Gospel and our baptismal promises compel us – yes, that word again – to take these things seriously and to act in any way within our power to correct them for the sake of our neighbors who are suffering because of the conditions under which we are all made to live by powers beyond our control but not beyond our power to correct.

And many little steps lead to great movements of correction. It is why I am so encouraged by the positive response of this parish to the efforts led by Lilian Awour and students from Eastern Tech, efforts that we hope will engage an even wider cross-section of our community in the care of our local environment. So much can grow from what we do in the simple act of planting our pollinator garden. More than the literal seeds that go into the ground, the seeds of concern that we sow within our hearts and minds fulfill the intent of the original Earth Day – that we raise up successive generations of people who will tend to the needs of our fragile island home and bring balance back to the only home we know.

Peace,
Ken+

+++++

Church News



Vestry Meeting

The next Vestry Meeting will be held on Thursday, May 14, at 7:00 p.m. in the Parish Hall. *Please note: (1) Vestry minutes are posted on the wall in the Parish Hall. (2) The Vestry does not meet monthly during June, July, and August. They will meet as needed if a situation arises that needs attention.*



Annual Meeting

This year's Annual Meeting will be coming up soon! The date is still TBD, so please watch your bulletins and emails for more information.



Pentecost Sunday

As is our church tradition, please remember to **wear something red on Pentecost Sunday, May 24, 2026!**



Flag Retirement Ceremony

The local Boy Scout Troop 355 will hold their annual Flag Retirement Ceremony on Flag Day, June 14, 2026. Watch for more details as the date gets closer. **In the meantime, if you have any flags that are tattered or torn and need to be retired, please put them in the flag box in the church office by Sunday, June 7.**



Save the Date Items

1. Garden Planting on Saturday, May 2, 2026, 8:30a.m.-12noon. Local

Environmental Students will be planting a garden of coneflower, milkweed, goldenrod, and aster (plants native to our area) on the Holy Trinity property. Feel free to join in this effort! Contact Lilian with any questions.

2. Flea Market on Saturday, June 20, 2026, 8a.m.-12noon. Contact Kathy Crump with any questions or if you are available to help.

(Watch for more details on all of these events as planning continues.)



Sunday School

Sunday School is held during the first part of the service on Sundays at 9:00 a.m. for children Pre-K through Grade 5! The children then join their families in church during The Peace portion of the service. If you have any questions, contact Leah. ***Please note: The last day for Sunday School for this school year will be May 17.***

Helping Hands Ministry

We continue to support members of our faith community who no longer attend services due to advancing age, declining health, and other issues. We offer the following:

1- Holy Trinity Roadrunners whose purpose is driving parishioners who no longer can drive to visit loved ones confined to institutions.

2- Sheila continues to manage prayers for others. So if you can spare a few minutes to say a prayer and/or make a phone call to those on our prayer list and anyone else in need of prayers, contact Sheila and add your name to her team.

3- The Order of St. Luke (OSL) Healing Ministers offer healing prayer at the rail during Holy Communion. *Each one of us has been called to live as Jesus did...loving, praying, and healing in His name.* If you are interested in joining OSL, we meet on the third Thursday of each month at 7:00 p.m. via Zoom. Contact Kathy Crump for more information or to register at: crumpkathy6@gmail.com.

As always, Leah is the contact to add or remove names on our Parish Prayer List and to add names for anyone asking for prayers. *We pray for perseverance, delivery from pain, and community with our loved ones.* If you are interested or have questions, please contact Kathy Crump at 410-940-5100 or crumpkathy6@gmail.com.

Bible Study

There is a Bible Study held via Google Meets every Tuesday evening at 7:00 p.m. Contact Sophia for more information.

Healing Service

Our weekly Healing Service is held every Wednesday at 12:00 noon in the Sanctuary. Contact Ken+ with any questions.

Craft Group

Our Monthly Craft Group meets on the second Saturday of each month at 1:00 p.m. in the Parish Hall. Bring a craft to work on, and enjoy some conversation! Contact Barbara with any questions. *Please note: In case of a Hall Rental, the date is sometimes cancelled or changed. If you are new to the group, please check with Barb.*



Monthly Extended Coffee Hour

Our last monthly Extended Coffee Hour before the summer break will be on Sunday, May 31. Please bring a dish to share...homemade or store-bought, sweet or savory. If you have any questions, contact Millie. *Please note: During the months of June, July, and August, we will not have a monthly Extended Coffee Hour. However, we will still have regular Coffee Hour each Sunday after church. Feel free to sign up to host a Sunday on the sign-up sheet on the wall in the Parish Hall.*



Funeral Planning Forms and Emergency Contact Forms

We have both forms available in the church office. Please at least complete the Emergency Contact Form and turn it in to the church office. If you have not made your funeral plans known to the church yet, please

complete that form as well, and turn it in to the church office. If you have any questions about the forms, call or email the office. If you would like to meet with Ken+ for help with planning your funeral, contact him directly.



Outreach Ministries from and to Holy Trinity

from Lynn F., Chairperson



Blessing Bags:

Blessing Bags are an Outreach ministry for the homeless in our area. Beginning this month, the second Sunday of every month will be a collection of items to be placed in Blessing Bags.

The items collected will be presented by one or more of the children during the Offertory. After the service, the items will be sorted and placed in bags to be distributed by those who feel called to do so to those in need. Blessing bags can be packed with small items such as granola bars, lotion, and

gloves. These bags can be kept in your vehicle and handed out to homeless men and women at traffic lights, etc. Contact Linda+ with any questions.



Operation Backpack:

Our backpack ministry will again include Sandalwood Elementary School and Essex Elementary School. We will be providing food items to students in need at both schools during the 2025-2026 school year. You are always welcome to contribute by bringing in needed food items such as: single serve oatmeal packets, applesauce cups, fruit cups, raisins, packs of peanuts, crackers, ramen noodles, instant chicken noodle soup, juice boxes, or white or chocolate milk or Yoohoo. We also accept small cans of tuna and boxes of macaroni and cheese. You can place any donated food items in the bin marked “Operation Backpack” in the Parish Hall. You can also make a monetary donation at any time. In addition to food items, there is a need for new socks and new underwear for elementary-age children. These items can also be placed in the same bin.

We pack the bags after the service. All are welcome to join in the effort. Also, each week there is a rotation of folks who deliver the bags to Essex and Sandalwood Elementary Schools. We can always use additional volunteers to deliver the backpacks! If you have any questions or are able to make deliveries, please contact Lynn F.

Eastern Interfaith Outreach (EIO):

EIO is open to serve those in need. They operate on an appointment basis, so please call in advance. (The address is listed later in this newsletter under “Food Pantry”.)

We are still collecting shelf-stable food items such as canned soup, pork and beans, tuna, and chicken for EIO. If you are able to buy a few items on your next grocery shopping trip or if you have any extra items in your pantry at home, please bring them in. ***Please make sure the expiration date is at least several months out.*** There is a bin in the Parish Hall labeled “EIO Donations” where you can place the donated shelf-stable food items to help those in need in our community. (More detailed information regarding EIO is also provided below under the Food Pantry section.)



Ronald McDonald House Baltimore:

Please continue to collect the pull tabs from any aluminum can products. I collect the tabs, and once or twice per year I take them to RMH. The tabs are then recycled with the profit used to fuel the shuttle bus to take family members of the children to the local hospitals. The collection box is located on the lower shelf of the main table in the Narthex.

Watch the bulletins and emails for the date of the next Outreach Committee meeting.

If you have any questions, please contact Lynn F.



Local Food Pantries

Eastern Interfaith Outreach (EIO)

Contact: 410-406-2288 OR 211

Physical Address:

Maranatha Chapel

3 Bowleys Quarters Road

Middle River, MD 21220

410-406-2288

By Appointment Only! Call first!

Donations: Bring in shelf-stable items and place them in the bin in the Parish Hall marked “EIO” or make your check payable to “Eastern Interfaith Outreach” and mail it to:

Eastern Interfaith Outreach

P.O. Box 18122

Middle River, MD 21220

Hunger for Change:

These food distributions are until the food supplies run out on that day. Please call for distribution dates and site information: 443-838-2126.

Baltimore County has a Food Pantry

Locator service. Just click on either of the links below for more information:

<https://www.baltimorecountymd.gov/county-news/2023/12/19/baltimore-county-releases-new-food-pantry-locator>

<https://bc-gis.maps.arcgis.com/apps/instant/nearby/index.html?appid=2ec6ceb1732844bbb00a40ec1a0b733f>



Meals on Wheels of Central Maryland offers nutritious, fresh, prepared meals delivered to your home. Eat better with Meals on Wheels!

For those unable to cook or grocery shop for themselves – due to age, disability or illness - look to Meals on Wheels for dependable, friendly service.

To learn more, call 410-558-0923 or apply online at:

mealsonwheelsmd.org/client-application

Meals on Wheels also needs volunteers to help deliver these meals. If you have any time to donate to this worthy cause, please call the telephone number listed above.

“I was hungry and you gave me something to eat.”

Matthew 25:35





May Anniversaries

Pat and Ellen – 5/8
Jason and Brett – 5/11
Don and Michele – 5/22

June Anniversaries

John and Wendy – 6/8
Frank and Beverly – 6/9
Shane and Rachel – 6/19

July Anniversaries

No anniversaries this month.

August Anniversaries

John and Anne – 8/9
Don and Sylvia – 8/13



May Birthdays

John M– 5/1
Linda+ - 5/15
Natalie – 5/17
Annie – 5/25
Beverly – 5/30

June Birthdays

David – 6/1
Trinity – 6/1
Kenny – 6/2
Helen – 6/3
June – 6/16
Pat – 6/17
Wayne – 6/21
Lynne – 6/22

July Birthdays

Frank – 7/3
Riley – 7/6
Tyler – 7/9
Lorraine – 7/10
Ken+ - 7/11
Bill C. – 7/16
Don – 7/17
Alice – 7/24
Millie – 7/28
Bill B. – 7/31

August Birthdays

Ron – 8/5
Kaitlyn – 8/9
Brett – 8/16
Kay – 8/23
Nancy – 8/30

ANY ADDITIONS OR DELETIONS, SEE LEAH



O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and all infirmity: Be present in your goodness with your servants, that their weaknesses may be banished and their strength restored; and that, their health being renewed, they may bless your holy Name; through Jesus Christ our Lord. Amen.

Christine K.
 Alice
 Elliott (Alice's great great grandson)
 Jason R. (Alice)
 Millie Reichert
 Elizabeth P. (Millie's sister)
 Kelly (Millie's niece)
 Jean C. (Millie)
 Beau (Millie)
 Helen
 Ryan (Helen's grandson)
 Henry (Cheryl)
 Joan
 Bill and Diane (Joan's son and daughter-in-law)
 Pam A. (Joan's son and daughter-in-law)
 Chris and Patty (Joan's son and daughter-in-law)
 Gladys
 John and Jeannie
 Powell family (John and Jeannie's family)
 Heather (John and Jeannie)
 Mike (John and Jeannie)
 Landon (John and Jeannie)
 Christoper (John and Jeannie)
 Kurt (John N.)
 Ava (Pam)

Somo
 Hutchins family (Somo)
 Eddie (Somo)
 Florence (Somo)
 Lynne C.
 Karen (Lynne C's daughter)
 Nancy B. (Lynne C.)
 Greg (Lynne C.)
 Crosby family (Lynne C.)
 Bennett family (Lynne C.)
 Arlene
 Gary and Mary
 Donald and Sylvia
 John and Anne
 Mary Anne and family
 Linda Q. (Mary Anne's sister-in-law)
 Butch and Wanda (friends of Mary Anne)
 Tyler T. (Mary Anne)
 Christine (Mary Anne)
 Chris S. (Mary Anne)
 Gloria N.
 Nancy T. (Jimmy's significant other)
 Kathy S. (Leah's cousin)
 Eleanor (Leah's aunt)
 Jim C. (Leah's uncle)
 Shirlyn (Sam's niece)
 Emma (Leah)
 Colomba (Michelle S's sister)
 Frank S. (Michelle S's brother)
 Frank H.
 Wendy
 Bridget (Kathy's daughter)
 Lynn J. (Joan and Michelle)
 Laura
 Bill B.
 Sharon
 Jake (Kay)
 Joan S. (Kay)
 Ron
 Alan (Ron)
 Debbie H. (Ron)
 Mary C. (Ron)
 Pat (Ellen's husband)
 Wayne
 Geoff
 Linda+

Brett
LouAnne (Lynn F.'s sister-in-law)
Doug (Carolyn)
Dianne (Ken+)
Daniel (Sheila)
Darlene (Sheila)
Janice
Eric Z.
Teresa
Jerome
Wyatt
Rigoberto
Williams
Romanio
James
Jack
Demi
Liam
Sage
Fernando
Megan
Chris
Eric W.
Allison (Leah)
Colson (Leah)
Dottie
Karen L.



***PLEASE ADVISE LEAH OF ANY ADDITIONS OR
DELETIONS.***

Who do I contact?

The office is generally staffed on Thursday morning from 10:00 a.m. – 12:00 noon.

If you have a non-urgent question, call the church telephone number (410-687-5531) and leave a message on the answering machine OR send Leah an email at HTOfficeSecretary@gmail.com.

For urgent pastoral needs call:

The Rev. Ken Phelps, Priest-in-Charge
410-790-1631

If Ken is not available, call:
The Rev. Linda K. Boyd, Deacon
410-967-7404
OR
Kathy Crump
410-940-5100



Vestry Officers and Members

Officers (elected by the vestry for one-year terms; can be re-elected; do not have to be an elected vestry member to be elected as an officer):

Senior Warden – Chris Kinard
Junior Warden – John Morris
Treasurer – Ellen
Registrar – Lilian

Elected vestry members and date their terms end (initially elected by the congregation; if a position becomes vacant, the vestry elects a replacement to fill the rest of the term):

Lynne C.	2026
Nancy	2026
Sheila	2026
Christine	2027
Gladys	2027
Michele A.	2027
Lynn F.	2028
Carolynn	2028
John M.	2028

The parish clergy are also ex officio members of the vestry and the rector is the presiding officer.



REGULAR REMINDERS



Coffee Hour

Join us for socializing before or after the church service. Light refreshments are available. Please see the sign-up sheet on the wall in the Parish Hall if you would like to bring something to share.

Parish Hall Rental

If you would like information about renting the Parish Hall for an event, please send an email to HTOfficeSecretary@gmail.com or leave a message at the church office 410-687-5531. The cost is \$400 per rental.



Flower Memorials/ Thanksgivings

If you are interested, please complete a form with your instructions, along with a check for \$40.00, and return them to Barbara in person or mail them to the church address listed on the form.

The 2026 forms are available from Barbara or Leah in the church office. Memorials are on a per Sunday basis, not per name. More than one person may donate on any given Sunday.

Housekeeping Notes

Please continue to keep areas clean and sanitized.

Mailing List Updates

For changes to your home address or phone number, call the parish office at 410-687-5531 and leave a message OR send an email to HTOfficeSecretary@gmail.com.



E-mail Messages

Please keep the church updated on any changes to your email address so we can notify you of situations impacting the parish. Please email any changes to: HTOfficeSecretary@gmail.com.



Final Word from the Editor

Items for the September Newsletter are due by August 15.

MAY 2026 SERVICE SCHEDULE

May 3, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Gladys
Prayers: Lilian

May 10, 2026, 9:00 a.m.

Ushers: Sam
Lessons: Sheila
Prayers: Steve

May 17, 2026, 9:00 a.m.

Ushers: Jackie and Bill
Lessons: Nancy
Prayers: Jackie

May 24, 2026, 9:00 a.m. (Memorial Day Weekend)

Ushers: Sam
Lessons: Lilian
Prayers: Gladys

May 31, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Elizabeth
Prayers: Nancy

**** Please note:** Until further notice, those scheduled to read the Lessons will read the First Lesson, lead the Psalm, and then read the Second Lesson. Thank you!

JUNE 2026 SERVICE SCHEDULE

June 7, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Gladys
Prayers: Lilian

June 14, 2026, 9:00 a.m.

Ushers: Sam
Lessons: Nancy
Prayers: Steve

June 21, 2026, 9:00 a.m.

Ushers: Jackie and Bill
Lessons: Sheila
Prayers: Jackie

June 28, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Rachel
Prayers: Elizabeth

**** Please note:** Until further notice, those scheduled to read the Lessons will read the First Lesson, lead the Psalm, and then read the Second Lesson. Thank you!

JULY 2026 SERVICE SCHEDULE

July 5, 2026, 9:00 a.m. (Independence Day Weekend)

Ushers: Sam
Lessons: Gladys
Prayers: Lilian

July 12, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Rachel
Prayers: Sheila

July 19, 2026, 9:00 a.m.

Ushers: Jackie and Bill
Lessons: Nancy
Prayers: Jackie

July 26, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Rachel
Prayers: Elizabeth

**** Please note:** Until further notice, those scheduled to read the Lessons will read the First Lesson, lead the Psalm, and then read the Second Lesson. Thank you!

AUGUST 2026 SERVICE SCHEDULE

August 2, 2026, 9:00 a.m.

Ushers: Gloria
Lessons: Gladys
Prayers: Lilian

August 9, 2026, 9:00 a.m.

Ushers: Sam
Lessons: Nancy
Prayers: Rachel

August 16, 2026, 9:00 a.m.

Ushers: Sam
Lessons: Lilian
Prayers: Gladys

August 23, 2026, 9:00 a.m.

Ushers: Jackie and Bill
Lessons: Rachel
Prayers: Jackie

August 30, 2026, 9:00 a.m.

Ushers: Sam
Lessons: Elizabeth
Prayers: Nancy

**** Please note:** Until further notice, those scheduled to read the Lessons will read the First Lesson, lead the Psalm, and then read the Second Lesson. Thank you!



May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 9:00am Holy Eucharist 9:00am Sunday School 10:00am Extended Coffee Hour/Potluck 7:00pm AA	27 12:30pm Al-anon	28 7:30pm AA	29 12:00pm Healing Service	30 10:00am Office Staffed	1	2 9am-1pm Eastern Tech Pollinator Garden Planting
3 9:00am Holy Eucharist 9:00am Sunday School 7:00pm AA	4 12:30pm Al-anon	5 7:30pm AA	6 12:00pm Healing Service	7 National Day of Prayer 10am-12noon Office Staffed	8	9 1:00pm Craft Group
10 Mother's Day 9:00am Holy Eucharist 9:00am Sunday School 7:00pm AA	11 12:30pm Al-anon	12 7:30pm AA	13 12:00pm Healing Service	14 10am-12noon Office Staffed 7:00pm Vestry Meeting	15	16
17 9:00am Holy Eucharist 9:00am Sunday School 7:00pm AA	18 12:30pm Al-anon	19 7:30pm AA	20 12:00pm Healing Service	21 10am-12noon Office Staffed 7:00pm OSL Meeting via Zoom	22	23 Hall Rental-Feeley
24 Pentecost 9:00am Holy Eucharist 7:00pm AA	25 Memorial Day 12:30pm Al-anon	26 7:30pm AA	27 12:00pm Healing Service	28 10am-12noon Office Staffed	29	30
31 Trinity Sunday 9:00am Holy Eucharist 10:00am Extended Coffee Hour/Potluck 7:00pm AA	1 12:30pm Al-anon	2 7:30pm AA	3 12:00pm Healing Service	4 10am-12noon Office Staffed	5	6



June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Trinity Sunday 9:00am Holy Eucharist 10:00am Extended Coffee Hour/Potluck 7:00pm AA	1 12:30pm Al-anon	2 7:30pm AA	3 12:00pm Healing Service	4 10am-12noon Office Staffed	5	6
7 9:00am Holy Eucharist 7:00pm AA	8 12:30pm Al-anon	9 7:30pm AA	10 12:00pm Healing Service	11 10am-12noon Office Staffed	12	13
14 Flag Day 9:00am Holy Eucharist 7:00pm AA	15 12:30pm Al-anon	16 7:30pm AA	17 12:00pm Healing Service	18 10am-12noon Office Staffed	19	20 8am-12noon Flea Market
21 Father's Day/First Day of Summer 9:00am Holy Eucharist 7:00pm AA	22 12:30pm Al-anon	23 7:30pm AA	24 12:00pm Healing Service	25 10am-12noon Office Staffed	26	27
28 9:00am Holy Eucharist 7:00pm AA	29 12:30pm Al-anon	30 7:30pm AA	1 12:00pm Healing Service	2 10am-12noon Office Staffed	3	4 Independence Day



July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 9:00am Holy Eucharist 7:00pm AA	29 12:30pm Al-anon	30 7:30pm AA	1 12:00pm Healing Service	2 10am-12noon Office Staffed	3	4 Independence Day
5 9:00am Holy Eucharist 7:00pm AA	6 12:30pm Al-anon	7 7:30pm AA	8 12:00pm Healing Service	9 10am-12noon Office Staffed	10	11
12 9:00am Holy Eucharist 7:00pm AA	13 12:30pm Al-anon	14 7:30pm AA	15 12:00pm Healing Service	16 10am-12noon Office Staffed	17	18
19 9:00am Holy Eucharist 7:00pm AA	20 12:30pm Al-anon	21 7:30pm AA	22 12:00pm Healing Service	23 10am-12noon Office Staffed	24	25
26 9:00am Holy Eucharist 7:00pm AA	27 12:30pm Al-anon	28 7:30pm AA	29 12:00pm Healing Service	30 10am-12noon Office Staffed	31	1



August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 9:00am Holy Eucharist 7:00pm AA	27 12:30pm AI-anon	28 7:30pm AA	29 12:00pm Healing Service	30 10am-12noon Office Staffed	31	1
2 9:00am Holy Eucharist 7:00pm AA	3 12:30pm AI-anon	4 7:30pm AA	5 12:00pm Healing Service	6 10am-12noon Office Staffed	7	8
9 9:00am Holy Eucharist 7:00pm AA	10 12:30pm AI-anon	11 7:30pm AA	12 12:00pm Healing Service	13 10am-12noon Office Staffed	14	15
16 9:00am Holy Eucharist 7:00pm AA	17 12:30pm AI-anon	18 7:30pm AA	19 12:00pm Healing Service	20 10am-12noon Office Staffed	21	22
23 9:00am Holy Eucharist 7:00pm AA	24 12:30pm AI-anon	25 7:30pm AA	26 12:00pm Healing Service	27 10am-12noon Office Staffed	28	29
30 9:00am Holy Eucharist 7:00pm AA	31 12:30pm AI-anon	1 7:30pm AA	2 12:00pm Healing Service	3 10am-12noon Office Staffed	4	5